




2023-2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	<p>Popcorn Chicken Mashed Potato Bowl</p> <p>served with fruit & choice of milk or juice \$6.25</p>	<p>Spaghetti with Meat Sauce & Caesar Salad</p> <p>served with fruit & choice of milk or juice \$6.25</p>	<p>Chicken & Cheese Quesadilla with Mexican Rice</p> <p>served with fruit & choice of milk or juice \$6.25</p>	<p>Swwt & Sour Meatballs with Rice & Stir-fried Veggies</p> <p>served with fruit & choice of milk or juice \$6.25</p>	<p>Chicken Burgers & Baked Potato Wedges</p> <p>served with fruit & choice of milk or juice \$6.25</p>
WEEK 2	<p>Hamburger & Roasted Potato Wedges</p> <p>served with fruit & choice of milk or juice \$6.25</p>	<p>Grilled Cheese Sandwich & Chicken Noodle Soup</p> <p>served with fruit & choice of milk or juice \$6.25</p>	<p>Classic Lasagna & Caesar Salad</p> <p>served with fruit & choice of milk or juice \$6.25</p>	<p>Shepherds Pie Bowl with Steamed Carrots</p> <p>served with fruit & choice of milk or juice \$6.25</p>	<p>Sweet & Sour Chicken with Stirfried Veggies & Rice</p> <p>served with fruit & choice of milk or juice \$6.25</p>
Daily Alternate Meal Week 1 and 2	<p>Chicken Snack Wrap & Garden Salad</p> <p>served with fruit & choice of milk or juice \$6.25</p>	<p>Soft Beef Taco with Mexican Rice</p> <p>served with fruit & choice of milk or juice \$6.25</p>	<p>Cheese Pizza Slice with Veggies</p> <p>served with fruit & choice of milk or juice \$6.25</p>	<p>Chicken Fingers, Potato Wedges and Veggies & Dip</p> <p>served with fruit & choice of milk or juice \$6.25</p>	<p>Pancakes with Grilled Ham & Syrup</p> <p>served with fruit & choice of milk or juice \$6.25</p>

Also available daily: white milk, chocolate milk, fresh baked muffins and cookies

WEEK 1 DATES			WEEK 2 DATES		
September 6- 8	December 12 - 16	March 20 - 24	September 12 - 16	December 19 - 23	March 27 - 31
September 19 - 22	December 26 - 30	April 3 - 7	September 26 - 30	January 2 - 6	April 10 - 14
October 3 - 7	January 9 - 13	April 17 - 21	October 10 - 14	January 16 - 20	April 24 - 28
October 17 - 21	January 23 - 27	May 1 - 5	October 24 - 28	January 30 - February 3	May 8 - 12
October 31 - Nov 4	February 6 - 10	May 15 - 19	November 7 - 11	February 13 - 17	May 22 - 26
November 14 - 18	February 20 - 24	May 29 - June 2	November 21 - 25	February 27 - March 3	June 5 - 9
Nov 28 - Dec 2	March 6 - 10	June 12 - 16	December 5 - 9	March 13 - 17	June 19 - 23